## Did you notice this years' increase in your WMU healthcare quarterly bills?

## Do you want to help lower future increases?

## Consider asking your Doctor if prescribing available generic alternatives for your brand named medications would work for you.

Your out-of-pocket co-pays could be lower by using generic medications over name brand medications.

**Retirees could reduce future increases in our quarterly healthcare costs**, by asking our physicians if <u>available generic alternatives</u> for our brand name medications are appropriate for us. Western uses the total healthcare costs for retirees (spouses and dependents) from this year to determine our quarterly healthcare bills for next year. Total WMU healthcare costs include medical, surgical, and **prescriptions**.

Here are 5 examples of WMU costs for brand name versus available generic\*

	Cost for 90 days	Cost for the year	
1. Brand Name			
Crestor 20 MG	\$811.78	\$3,247.12	
Generic Name			Savings
Rosuvastatin Calcium 20 MG	\$55.43	\$221.68	\$3,025.44
2. Durand Names			
2. Brand Name	6402.44	64 642 76	
Flomax .4MG	\$403.44	\$1,613.76	
Generic Name	4	4	Savings
Tamsulosin HCL .4MG	\$33.81	\$135.24	\$1,478.52
3. Brand Name			
Lexapro 20 MG	\$400.58	\$1,602.32	
Generic Name			Savings
Escitalopram 20 MG	\$31.63	\$126.52	\$1,475.80
4. Brand Name			
Aciphex 20 MG	\$1,131.69	\$4,526.52	
Generic Name			Savings
Rabeprazole Sodium 20 MG	\$150.43	\$601.72	\$3,925.04
5. Brand Name			
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Cymbalta 20 MG	\$645.13	\$2,580.52	Ca take
Generic Name	4=0==	400000	Savings
Duloxetine HCL 20MG	\$56.57	\$220.28	\$2,354.24

<sup>\*</sup>Information provided by Sindecuse Pharmacy and reports the pricing at Sindecuse

Consider asking your doctor if available generic medications would work for you.